Ascension **Personalized Care**

About preventive services

Ascension Personalized Care pays for 100% of certain preventive care services. These services have no out-of-pocket cost for you. Preventive services help you get and stay healthy and include particular screenings, immunizations, and checkups. There are some exceptions and it is important to read the Ascension Personalized Care Preventive Services Guidelines to know what is covered as preventive care and when you may incur additional costs based on the kind of services rendered.

Adult coverage

Adult screening tests:

- Abdominal aortic aneurysm
- Alcohol Misuse Screening & Behavioral Counseling Interventions
- Blood pressure
- Breast cancer counseling for genetic testing**
- Cervical cancer screening (Pap test and/or HPV)**
- Chlamydia and gonorrhea
- Cholesterol
- Colon cancer
- Depression
- Type 2 diabetes
- Lung cancer
- Mammogram (breast cancer)**
- Osteoporosis

Other services:

- Immunizations, including flu shot
- Intimate partner violence
- Obesity screening
- Tobacco cessation
- Sexually transmitted infection (STI) counseling

Pregnancy coverage

Pregnancy-related screening tests::

- · Bacteria in urine
- Gestational diabetes
- Hepatitis B
- · Iron deficiency anemia
- Postpartum depression

Pregnancy-related services:

- Breastfeeding support, supplies and counseling
- Folic acid supplementation

Infant, children and teen coverage

Routine services and screening tests:

- Developmental and behavioral
- Hearing/vision test
- Immunizations, including flu shot
- Newborn and infant screenings
- Well-baby/well-child care

Other services:

- · Depression screening
- Lead exposure test
- Obesity screening
- Sexually transmitted infection (STI) screening and counseling
- Tobacco & alcohol use counseling

For a full list of preventive care services and any limitations offered with your health plan, visit ascensionpersonalizedcare.com

